

Upcoming Events:

**Moomers on Friday, March 2nd @ 7 pm.
Ice cream and pictures.**

**Matinee movie @ Cherry Blossom to be
decided at the March luncheon.**

Don't Forget!! Daylight Savings March 11.



Your Monthly Luncheon will be Thursday, February 8th @ noon @ Long Lake Church. If we are not having a special pot luck, then the meals are provided by Meals on Wheels and your cost is \$3.50. Please call Arlene Stowe to reserve your meal no later than Feb. 5th @ 947-4628. Our guest speaker will be Kristin McCormick with the Great Lakes Therapy House Calls. Kristin will be sharing some helpful hints on how to prevent falls in our homes, work place and the different weather elements that we are subjected to here in Northern Michigan. Remember if weather is bad and the schools close on our luncheon date, we will automatically cancel our plans as well.

Euchre is held every Thursday @ 7 pm @ Long Lake Church. Call Bob Steinberg @ 947-9713 if you would like to play weekly or be a substitute.

Exercise classes at Twin Lakes Camp with Penny Morris. Exercise classes for all ages so please call Penny @ 932-0668 for schedule and pricing.

Our February outings will be "Thoroughly Modern Millie " at St. Francis High School Auditorium on Sunday, Feb. 18th @ 2:00 pm. Cost is \$12 for seniors 65+. Voted 2002 Best Musical, winner of 6 Tony Awards. Contact Shelley asap if you would like to go. Tickets are on sale now! Let's Eat Out on Thursday, Feb. 23rd @ 12:30 @ the Calypso Mediterranean Grill. Let Shelley know at this month's luncheon if you are planning on going to Calypso.

Holland Tulip Tour Week of May 5th—13th



This will be an overnight trip. I am working on cost and reservations. Please let me know if this is something you would be interested in.

- 2nd-Groundhog day
- 8th-Luncheon
- 14th-Ash Wednesday
- 19th-Presidents Day

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28			

A special thank you to the GTC Senior Network for help with funding the Long Lakers' activities. Happy Birthday & Anniversary to all our February Long Lakers.